



## Vignette Guide

# Lee Hilton

## Vignette Overview

Lee Hilton, Performance Measurement Analyst at Wings for Kids, describes the impact of the Wings for Kids program. She describes how trauma affects children and discusses the importance of making sure educators know how to recognize and respond to signs of trauma. She explains how the Wings curriculum can help educators with this important, but difficult responsibility.

## Resources in this Guide

- Words to Live By

## Making Connections

After watching Lee’s vignette, take a few moments to reflect on the following questions. Then jot down your responses in the space provided:

- What do you already do to establish trust between you and your students?
- Lee discusses that acting out can be a result of a wide range of causes—from seeking attention to acute or chronic trauma. When a student acts this way in your classroom, how can you ensure that you support the child and try to figure out the motivation behind their behavior?

Below, think about negative, repetitive behaviors that you see consistently in your classroom. Then consider: What may be triggering these behaviors? Once you have identified possible triggers, brainstorm how you could address these triggers *or* what you could change to prevent these triggers from occurring.

Negative Behavior(s)	Possible trigger(s)	Ways to avoid or address these triggers

- How can incorporating social and emotional learning into your day-to-day teaching benefit all students and help you build a supportive classroom environment?



*For additional resources about supporting children who are victims of trauma, visit The National Childhood Traumatic Stress Network at [nctsn.org](http://nctsn.org).*

*For more information about how Wings for Kids can help you integrate social and emotional learning into your classroom, visit [wingsforkids.org/soar](http://wingsforkids.org/soar).*

## Words to Live By

I soar with wings.

Let me tell you why. I learn lots of skills that help me reach the sky.

I love and accept who I am on the inside and know my emotions are nothing to hide.

Life's full of surprises that make me feel different ways.

If I can control myself,  
I'll have much better days.

I understand the choices I make should be what's best for me to do, and what happens is on me and not any of you.

I understand that others are unique. I want to learn more about everyone I meet. I want to step into their shoes and see what they are going through.

I am a friend. I support and trust.  
Working together is a must.  
Kind and caring I will be.  
I listen to you. You listen to me.

I soar with wings.  
I just told you why.  
All of these things are why I fly high