







Digital Lesson Bundle Outline | Kindergarten-Grade 2

Time to Create!

Objectives

Students will:

- Explain the importance of being unique.
- Role-play and assess the emotional state of others.
- Set future goals for stepping into the shoes of others.
- Value and recognize the role that each individual plays within a larger team.

Overview

In this module, students in Kindergarten through Grade 2 will explore the concepts of Social Awareness and Relationship Skills through an emphasis on art. Students will begin by investigating the concept of being unique and the importance of being different through a variety of art-based activities. They will consider what it means to step into someone else's shoes, they will learn an acronym to help them practice this in their daily lives, and they will set a goal to help them continue to consider the perspectives of others in the future. In the final session, students will practice treating others with respect. Groups will apply teamwork strategies as they work together to create a piece of original artwork, while they listen to each other's ideas, treat each other kindly, and ultimately learn how to give positive feedback!

The accompanying presentation was created with PowerPoint so that it can be used in a variety of classrooms. If you are using a laptop with an LCD projector, simply progress through the PowerPoint by clicking to advance. All of the interactive aspects of the presentation are set to occur on a click. This includes images, text boxes, and links which will appear in your web browser. If you are using an interactive whiteboard, tap on each slide with your finger or stylus to activate the interactive aspects of the presentation. There will be information on how to proceed in the notes section for each slide.

Content Areas

Health, Wellness, English Language Arts, Art

Activity Duration

3 sessions (50-60 minutes each)

Grade Level

Grades K-2









Essential Questions

- How are we unique?
- How can we understand what others are feeling and experiencing?
- How can we collaborate and work well with others?

Materials

All days:

- Device with the ability to project, one for the teacher
- Drawing and coloring materials, for the class to share

Day 1

- Handout 1: I am ME, one per student
- Collage materials: newspapers, magazines, catalogues, etc. that have child-appropriate images and words, for the class to share
- Child-safe scissors, one per every one or two students
- Glue sticks, one per every one or two students
- Handout 2: What Do You See?, one per every two students
- The Crayon Box That Talked book by Shane Derolf or the read-aloud to project

Day 2

- Handout 3: From My Eyes, I See..., one per student
- Handout 4: Our Shoes, one per student

Day 3

- Handout 5: I am a Friend, one per student
- Handout 6: TEAM Work, enough for one-quarter of the class
- Blank paper, enough for one-quarter of the class
- Poster board (or four pieces of white paper glued or taped together), enough for one-quarter of the class

Teacher Prep

- Read through the lesson instructions and the corresponding slide presentation in advance.
- Make sure the materials are ready to go prior to each day's lesson.









Background

Students need more than just academic knowledge to thrive: a foundation of emotional intelligence developed through social and emotional learning is crucial as well. Emotional intelligence refers to one's ability to perceive, control, and evaluate emotions. Social and emotional learning therefore teaches children how to better understand their emotions, manage their behavior, and navigate interactions with others. In addition, social and emotional learning guides children in learning how to set and achieve goals, overcome obstacles, and develop healthy relationships. These are skills needed to succeed in school, be prepared for the workforce, and become positive and healthy members of society.

When children are equipped with a foundation of social and emotional knowledge and skills, they are more likely to have academic success. Nearly half of children who have suffered three or more adverse childhood experiences have low levels of engagement in school, and over forty percent of these children demonstrate negative behaviors such as arguing too much, bullying, or being cruel to others. However, research shows that effective social emotional education has the power to strengthen attachment to school and reduce negative classroom behavior, which are two significant predictors of who will, not only stay in school, but succeed in school.

The Collaborative for Academic, Social, and Emotional Learning is the leading organization advancing the promotion of integrated academic, social, and emotional learning for children in Pre-K through Grade 12. This organization has developed the following five interrelated core competencies for effective social and emotional learning:

- Self-Awareness concentrates on understanding your emotions and thoughts and how they influence your behavior. Skills include self-perception, self-confidence, and self-efficacy.
- <u>Self-Management</u> emphasizes your ability to regulate your emotions and behaviors in different situations, as well as how to set and work toward goals. Skills include impulse control, executive function, stress-management, and self-discipline.
- Responsible Decision-Making is the ability to make positive choices and take responsibility for positive and negative outcomes. Skills include identifying problems, analyzing situations, solving problems, and reflection.
- Social Awareness focuses on your ability to empathize with others. Skills include empathy, appreciating differences, and respect.
- Relationship Skills revolve around your ability to relate well to others. Skills include communicating clearly, listening, cooperation, resisting negative pressure, resolving conflicts, and supporting one another.

Source: Wings for Kids. www.wingsforkids.org.

The goal of this guide is to give educators a collection of resources designed to strengthen students' emotional intelligence through a social emotional learning curriculum that focuses on the fourth and fifth core competencies: Social Awareness and Relationship Skills. It provides slide-by-slide instructions to ensure educators are prepared to explain, discuss, and facilitate the hands-on content in the presentation. The presentation is designed to cover three class sessions, but it can be flexible depending on the students' needs and the time available. Additional extension ideas are included at the end of the manuscript.









The three days of lessons follow an inquiry-driven 5E instructional model: Engage, Explore, Explain, Elaborate, and Evaluate. Over the course of three class sessions, students will explore the competencies of Social Awareness and Relationship Skills through the lens of their corresponding sections in the Wings Words to Live By:

I understand others are unique. I want to learn more about everyone I meet. I want to step into their shoes and see what they are going through.

I am a friend. I support and trust. Working together is a must. Kind and caring I will be. I listen to you. You listen to me.

Students will begin the module by exploring the concept of being unique and the various ways that we can be different from others. After reading a book that considers the benefits of being different, students will be introduced to a phrase (We're all different and that's OK!), which reinforces the importance of embracing our differences and learning from others. Students will then apply this strategy as they cooperate with a partner to create a collaborative work of art.

Next, students will focus on empathy. They will first explore the idea of perspective in art and they will re-draw a scene from a new perspective. They will then consider the idea of stepping into someone else's shoes. They will learn an acronym that guides them through how to do this, and they will act out each part of the acronym as they investigate how it helps them understand the feelings of others. They will then reflect on times when people have stepped into their shoes in the past, and they will set a goal for stepping into someone else's shoes in the future.

In the final session, students will learn about the importance of treating everyone with respect and working together as a team. The class will be introduced to a second acronym that promotes effective teamwork and student teams will complete an art challenge together. Upon reflecting on their communication throughout the challenge, student groups will be taught an additional strategy for listening to each other (Focus, Figure it out, Follow through), which they will apply to a new art-based activity: creating artwork that represents every student on their team. Throughout this collaborative project, students will practice working together, listening to each other, and treating each other kindly. Students will then be introduced to the concept of positive feedback and they will reflect on the art creation process and practice sharing positive feedback with each other.









Day 1 | Begin (Slide 1)

- Instruct the class to sit on the floor in a circle or semi-circle and join the students by sitting at their level.
- Click once to display the question: Who are YOU?
- Explain that while this may seem like a funny question since the class already knows each other, you are challenging each student to really think about what makes them special.
- Pass out *Handout 1: I am ME* to each student. Tell students that they are going to make a collage—or a piece of artwork made up of many different pictures and words— that answers this question.
- Share the directions by telling students to:
- Write their name in the center of the handout.
- Look through the collage materials and cut out images and/or words that help explain who they are and what makes them special.
- Glue these cut-outs to their handout.
- Explain that how each student organizes their collage is up to them. Some students may want the images to overlap, while some may want them spaced evenly. The design choice is theirs!
- Pass out the collage materials, glue sticks, and scissors.
- Tell the class that they will have about 10 minutes to create their collage and allow them to begin creating!

Day 1, Slide 2

- Have the class sit back on the floor in a circle or semi-circle, with their collages.
- Once you have joined them, ask students to share their collage with the person next to them and take a moment to explain how their collage shows that "I am ME!"
- Then invite each student to hold their collage out in front of them, so the class can look around the circle and see the work that their classmates have created.
- Click twice to display the following portion from the Wings Words to Live By and read it aloud:

I understand others are unique.
I want to learn more about everyone I meet.
I want to step into their shoes
and see what they are going through.

- Repeat "I understand others are unique, I want to learn more about everyone I meet" and ask students to raise their hand if they think they know what the word "unique" means.
- Select one or two student volunteers to share their definition(s).
- Then click once and explain that when we say others are "unique", we mean that people are all very
 different. No two people are exactly the same and everyone is special in their own way!

Day 1, Slide 3

Ask students to hold up their collage in front of them one more time and observe how different









each collage is from the next. Explain that this shows that we really are all unique and special in our own way!

- Ask: How are you different from someone else? Allow several students to share their thoughts and encourage them to look at each other's collages if they are stuck.
- If a student brings up physical differences, acknowledge that everyone certainly does have unique looks—but tell the class that you would like to focus on our "inside" differences.
- Summarize the differences that students came up with and wrap up by concluding that in addition to how we look, we also all have different personalities and interests!

Day 1, Slide 4:

- It's read-aloud time! Explain that the class is about to read a book that has an important message about being unique.
- As you read, ask students to think about the lesson that the book is trying to teach them.
- Then read <u>The Crayon Box That Talked</u> by Shane Derolf or project the video read-aloud.
- When the read-aloud is complete, discuss:
 - What do you think the author was trying to teach us?
 - Be sure that students arrive at the answer that the book focuses on appreciating our differences. When many different people (or crayons) work together, we have great (and colorful!) results.
 - When have you learned something from someone who is different from you?

| If helpful, try to jumpstart student responses by sharing an experience of your |
|--|
| own or something along the lines of: "One of my best friends growing up was from |
| From him and his family, I learned how to say some words in and I got |
| to learn all about food and cooking! |
| |

Day 1, Slide 5

- Click once to display "We're all different and that's OK!" and read it aloud.
- Challenge students to think of a silent pose that shows one way they are unique and different from others. For instance, if a student loves to play soccer, she could stretch out her leg like she is kicking a ball!
- Explain that in a moment, the class is going to repeat the phrase with you, except they will add two silent gestures:
- When they say, "Different," everyone will strike their own unique pose.
- When they say, "OK," everyone will drop their pose and give a big thumbs up!
- Model this once by saying the phrase, striking your own pose, and then giving a thumbs up.
- Then instruct all students to stand and join you in saying and gesturing, "We're all different and that's OK!"

Day 1, Slide 6

Click once and explain that each letter in "OK" helps remind us that when we meet new and









different people, we should try to learn more about them!

- Click again and explain that the O stands for "Offer your ideas and listen to others".
- Explain that not only do we need to speak up and share our own thoughts and ideas, but we need to really listen to what others say!
- Ask and discuss: Why is it important to listen to someone else's point of view?
- Then click again and explain that the K stands for "Keep an open mind and learn from others".
- Ask: What does it mean to have an "open mind"?
- Be sure students understand that when you have an open mind, you are willing to hear new ideas and are happy to see what new things you can learn!
- Summarize by telling students that when we listen to others and have an open mind, we can learn all kinds of things from people who are different from us!

Day 1, Slide 7

- Explain that pairs of students will now work together to create a drawing...but it's not just any drawing!
- Hold up a copy of *Handout 2: What Do You See?* and explain that each pair will have to work together to make the line shown on the handout into a work of art!
- Explain:
 - Their work of art can look like anything!
 - The only rule is that each pair must remember that (click once): We're all different and that's OK! So, each person must (click once) offer their ideas and listen to others and (click again) keep an open mind and learn from others.
- Repeat that working together and remembering "We're all different and that's OK!" are the only rules.
- Deduct 7–10 minutes from the time remaining in this session and tell students that they will have this much time to create their masterpiece.
- Distribute drawing/coloring materials to each pair and instruct students to get started!
- As the class works, encourage collaboration by helping students learn from each other with questions such as:
 - Do you have an idea?
 - What do you think?
 - Could you explain what you mean?

Day 1, Slide 8

- When there are about 10 minutes left in class, bring the class back together in a circle or semicircle and join them at their level.
- Instruct them to put their artwork on the floor in front of them, face down.
- Before students share, debrief on the activity. Click once, and ask students to answer the questions you are about to pose by using their hands to indicate the following answers:









- 0 fingers (hold up a fist) = easy
- 5 fingers (one hand) = so/so
- 10 fingers (both hands) = hard
- Then ask the class to indicate their answers to the three questions below. As you do, call on a few students to briefly explain their different responses.
 - Was it easy, so-so, or hard to offer your ideas?
 - Was it easy, so-so, or hard to listen to your partner?
 - Was it easy, so-so, or hard to keep an open mind?
- Then, click twice, and invite every pair to hold up their artwork in front of them so students can look around the circle and view everyone's piece.
- Ask students to consider:
 - How are each of these the same?
 - o How are each of these unique?
- Conclude by saying, "Just as these drawings are alike because they all began with the same line, we
 are all alike because we are all people. But, just like these works of art, we are also all different and
 special in our own ways. We have our own feelings, ideas, and personalities."
- For this reason, it's important for students to remember we are all different and that is OK. Ask the class to rise and join you in saying that and posing like they did earlier in the class period.

Day 2 | Slide 9

- Begin the second session by instructing the class to sit on the floor in a circle or semi-circle and join the students by sitting at their level.
- Click once to display an image of an animal scene.
- Ask students to imagine: If the artist was standing somewhere while they drew this, where would they probably have been standing?
- Guide students in understanding that the drawing was drawn from the perspective of someone who was standing in front of the scene. If the person was standing to the side, we would see the sides of the animals. Or if the person was standing behind the animals, we would see their backs!
- Explain that a perspective is how someone looks at the world.
- Help students build understanding of the meaning of perspective by challenging them to draw an object (or objects) from different perspectives. Place at least one 3-dimensional object where all students can see it (e.g., large teddy bear or toy truck).
- Pass out *Handout 3: From My Eyes*, I See to each student.
 - Instruct students to look carefully at the object and quickly draw it in the top box of the handout. Tell students they will have about 5 minutes to complete their drawing (and they will not be graded on the quality of their drawing), so they should sketch and not worry too much about the tiny details.
- After a few minutes, ask, "What would this object look like from a different perspective?"









- Have students change their seats so they are sitting in a different part of the room. The goal is to change their perspective of the object they drew.
- Challenge students to draw the object again from their new perspective in the bottom box on the handout.

Day 2, Slide 10

- After students are finished with their second drawing, invite the students back to the circle or semicircle with their drawings.
- Instruct them to turn to the peer on their right side and share their drawings. Then challenge them to figure out why their drawings look different even though they were drawing the same object.
- Then click once and explain that one part of understanding someone else's perspective is what they see, like they just practiced.
- Click again and explain that another important part of understanding someone else's perspective is thinking about what this other person may be thinking and feeling.
- Instruct students to turn back to their partner and discuss why they think it might be helpful to try to see things from someone else's perspective. Ask questions to encourage discussion such as, "Why might it be helpful to know how your friend feels about moving to a new house or going to the doctor or sharing their favorite toy?"

Day 2, Slide 11

- Explain that when you consider what someone else is seeing, thinking, and feeling, you are putting yourself into someone else's shoes.
- Read the following stanza from the Wings Words to Live By and emphasize the shoes portion:

I understand others are unique.
I want to learn more about everyone I meet.
I want to step into their SHOES
and see what they are going through.

- Explain that when we step into someone else's shoes and understand how he or she is feeling, we are able to be as supportive and kind as possible.
- Point to the word "SHOES" in the Words to Live By and explain that each letter helps us remember how to actually step into someone else's shoes.
- Click to remove the Words to Live By.
- Click once more and tell students that the S stands for Sound of their voice.
 - Click again and read aloud how the four stick figures are feeling. Explain that if we were to listen to the sound of their voice, we might be able to figure out how they are each feeling.
 - Demonstrate by saying, "I feel excited!" in an upbeat and quick tone.
 - Then help students form groups of three and instruct one student in every group to say each of the other emotions (I feel scared; I feel angry; I feel silly) in a tone that shows that they feel this way.
- Then click twice and explain that H stands for *How they act*.









- Ask students to help you figure out what you might do with your arms, hands, or legs if you
 were excited.
- Then ask one student in each small group to demonstrate what their arms, hands, or legs might do when they feel scared, angry, or silly.
- Click twice more and say that O stands for *Outer appearance*.
 - Explain that outer appearance refers to: What do they look like on the outside? Are they turning red, shaking, sweating, slouching, or standing up straight?
 - Explain and demonstrate that when you are excited, you might sit or stand up very straight. You even might tap your foot because you can't sit or stand still!
 - Then ask one student in each group to model and explain what their appearance might look like when they are scared, angry, or silly.
- Click two times and say that E stands for *Expression on their face*. In other words: What does their face look like? What expression are their eyes or their mouth making?
 - Ask for the entire class to make a face that shows excitement.
 - Then ask the class to look around at each other and note that everyone shows excitement a little differently!
 - Continue by asking all students to show what their face might look like when they feel scared, angry, or silly.
- Finally, click two more times and explain that S stands for *Surroundings*: where they are and who they are with.
 - Explain that sometimes noticing where the person is or who they are with can help us understand what they are feeling, especially if we combine it with the other parts of SHOES.
 - Ask, for instance:
 - If you see someone is with a lot of other people who they don't really know and they are crossing their arms, blushing, and looking down, how might they feel?
 - Or, if someone is with a lot of other people and they are smiling, laughing and jumping up and down, how might they feel?
- Wrap up by telling students that when you step into someone else's shoes, you should try to think about as many of these letters as possible!

Day 2, Slide 12

- Click once and explain that students are now going to think about their own lives!
- Ask students to think about a time when someone stepped into their shoes and really tried to understand how they were feeling.
 - Click once to display the shoe graphic and read the words on the laces: Someone stepped into my shoes when...
 - Encourage a couple students to share. If needed, kick off with an example like "Someone stepped into my shoes when they could see I was really nervous about ______. They gave me a hug and promised me everything would be okay!"









- Then pass out *Handout 4: Your Shoes* to each student and encourage them to use the empty space in the shoe to draw a picture that illustrates a time when someone stepped into their shoes.
- For now, tell the class to ignore the sentence starter on the sole of the shoe!
- Deduct about 7–10 minutes from the end of class and tell students they will have about this much time to complete their drawing.

Day 2, Slide 13

- When there are about 7-10 minutes left in the session, instruct students to stop drawing.
- Now that they have thought about a time when someone else has stepped into their shoes, encourage students to Show Their ID* and admit a time when they should have stepped into someone else's shoes but didn't.
 - * If students have not yet learned this term in the Responsible Decision-Making lesson, simply remove it.
- Begin with a personal example, such as, "I remember a time when I was your age when my
 classmate asked if he could play with us, we all said no, and he started to cry. If I had stepped into
 his shoes, I would have noticed that he was lonely and shy."
- Ask a couple volunteers to share their own examples, without using names.
- Then encourage all students to turn to a neighbor and share a time when they *should* have stepped into someone's shoes.
- Next, direct students' attention to the sole of the shoe on the slide, and read the sentence aloud: "I will try to step into someone else's shoes the next time..."
- Encourage students to think about the experience they just shared and write a few words that explain how they can do better next time.
- Model this by relating back to your own example. For instance: "I will try to step into someone else's shoes the next time...someone asks if they can play. I will say, "Yes!"
- Answer any questions and then encourage students to begin their goal-setting. If you think it will
 be helpful for students to discuss their goal with a peer before working individually, encourage
 them to do so.

Day 2, Slide 14

 Conclude by displaying and reading the portion of the Words to Live By that you have covered over the last two sessions. Encourage students to join you as you say the following:

I understand others are unique.
I want to learn more about everyone I meet.
I want to step into their shoes
and see what they are going through.

• If possible, collect students' completed shoes and display them around the classroom! Or, if this is not possible, try to incorporate time for goal-sharing into the next several sessions.









Day 3 | Slide 15

- Begin with a Quick Draw Activity and ask students to independently brainstorm: What does a friend look like?
- Pass out a copy of *Handout 5: I am a friend* to each student and give the class 2–3 minutes to draw what comes to mind when they picture a friend!

Day 3, Slide 16

- Assemble students on the floor in circle or semi-circle with their friend drawings in hand and join the students by sitting at their level.
- Ask each student to turn their drawing outward so the rest of the class can see.
- Give students a moment to look around the circle and observe everyone's drawing. As they do, encourage them to think about the similarities and differences between them.
- Ask students: Does a friend have to look like this?
- Lead the class to understanding that a friend could look like anyone...which is why they all drew
 different pictures! It's not the outside qualities that make someone a friend; it's the way they act that
 matters!
- Click twice and then ask: When someone is a friend to you, how do they act? If students are stuck, begin with "act kindly" and challenge more students to share from there.

Day 3, Slide 17

- Click to project the next verse of the Wings Words to Live By and read it aloud:
 - I am a friend. I support and trust. Working together is a must.
- Explain that in order to have good relationships with other people, you need to treat others with respect. This means that you act like a friend, you support and help others, you trust others, and you work together.
- Ask students to raise their hands if they agree that it's important to treat others this way.
- Then ask them to raise their hands if they think it can be hard to always treat others this way.
- Share that, thankfully, you have a few tips to make this a little easier!

Day 3, Slide 18

- Point to the word "TEAM." Explain that like "OK" and "SHOES", the word "TEAM" can be used to help you work together and be part of a team!
- Ask students to pretend they are on a basketball team.
- Click once and explain that T stands for "Tell our strengths and weaknesses."
 - Ask: Why would it be important to say what we're good at and bad at if we're on a basketball team?
- Click again and explain that E stands for "Express (or say) words kindly."









- Encourage students to think-pair-share*: Why would you want to express words kindly and speak nicely to your basketball teammates?
 - *In a think-pair-share, students think about the question independently, discuss their answers with a partner, and then share their thoughts with the larger class.
- Click once more and say that A stands for "Act as one...win together and lose together." Explain that this means we don't blame people for mistakes! This also means that whatever happens as a result of the team working together is the responsibility of everyone and not just one person. If they scored it was because of the team's effort and not just the person who made the shot.
 - Ask: If someone missed a basket and we lost the game, why shouldn't we be upset with this person? Why should we act as one?
- Click one final time and say that M stands for "Make sure everyone is included."
 - Encourage students to think-pair-share: How do you feel if you're left out? Why is it important for everyone to be included?

Day 3, Slide 19

- Explain that students are now going to be challenged to do some TEAM work because you don't have to be on a sports team to work together as a team!
- Tell the class that you will divide them into groups of four. In each group, two students will receive a drawing, and two students will get a blank piece of paper. These two pairs will sit back-to-back.
- The goal is for the pair with the blank paper to work together to draw a picture using the description provided by the pair with the image. In order for this to be successful, everyone must work as a TEAM! The two students describing the image support each other and the two students drawing the image support each other. Everyone works together to achieve the goal!
- Click once and display an example. Pretend that you haven't seen the image and ask the class to
 give you directions so you can draw the image without seeing it. Make sure they do not tell you
 what it is. They should focus instead on the lines, colors, and shapes of the image.
- After you take a few directions from the class and create a sketch based on their instructions, explain that this is what each team will do. To make it even harder, you will set a timer to see what each group can accomplish in six minutes! Click once to display the timer.
- Help position each group of four so pairs of two are sitting back-to-back throughout the classroom.
- Then give *Handout 6: TEAM Work* to one pair in each group and a blank piece of paper to the second pair in each group. One pair of students act as "describers" while the other pair acts as "drawers."
- Once each group is ready, say, "Ready, Set, GO TEAM!" and start a timer in your classroom. Students conduct the describing/drawing activity modeled by the teacher.

Day 3, Slide 20

- Once six minutes have passed, bring the class back together into a circle or semicircle and invite each group to display their artwork in front of them.
- Click once and ask: What went well when you were working as a TEAM?
- Then click again and ask: What was hard about working as a TEAM?









- Explain that communicating, which includes listening, is not always easy!
- Click twice to display and read the final stanza of the Wings Words to Live By:

Kind and caring I will be.
I listen to you. You listen to me.

- Explain it is easier to be kind and caring when you listen, because you are taking time to understand the other person.
- Click once more and tell students that the next time they work with others, they can be better listeners if they:
 - Focus: Look at the person who is talking and don't interrupt.
 - As you say this, put your hands over your eyes to make a visor.
 - Figure it out: Ask questions if you don't understand.
 - As you say this, raise your hand in the air.
 - Follow through: Show that you understand!
 - As you say this, nod your head.
- Read through the three Fs one more time and ask the students to join you in the gestures.
- Explain that when you focus on what someone is saying, figure it out when you don't understand, and follow through to show when you do understand, it is easier to listen to and understand others!

Day 3, Slide 21

- Tell the class that they are going to spend the rest of the session focusing, figuring it out and following through as a TEAM!
 - *Tip: Each time you say the three Fs, continue to perform the accompanying gestures.
- Explain that the groups of four who were working together before will now work together again. But this time, they will be creating their own artwork that represents every person on their team. Further explain:
 - How they represent each person is up to them. They could draw portraits, create symbols, make cartoons...the sky is the limit!
 - The most important part is that they learn from each other, treat each other kindly, and work together as a TEAM.
- Tell the class that before they begin, they should talk about a plan: In other words, what will their artwork look like?
- Explain that you will be looking for students who are focusing, figuring it out, and following through
 as they decide what their artwork will look like! Once everyone agrees with the plan, they can begin
 creating their art on their poster board.
- Deduct about five minutes from the time remaining in the session and tell students they will have about this much time to create their work of art.
 - *Tip: Depending on timing, students may also create a draft of their artwork this session and finish at a later point.









- Once students understand the instructions, give each group a poster board and encourage them to get to work.
- As students are working, rotate among the groups and provide suggestions for how to work even better as a team.
- Provide a 5-minute warning when there are 10 minutes left in class.

Day 3, Slide 22

- When there are 5 minutes left in class, bring students back to their semi-circle or circle and conclude with a round of positive feedback.
- Explain to students that when you tell others that you like something they did and then you add how it made you feel, it's called giving positive feedback! Positive feedback is a great way to let others know how they make you feel when they are good to you.
- Click once and give the example: Watching everyone work as a team on their artwork made me feel very proud today.
- Encourage students to think about the work they just completed with their team and ask if anyone
 has positive feedback about a team member or team members that they would like to share.
 Choose a few volunteers and guide students in positively sharing what their teammate(s) did and
 how it made them feel.
 - **Tip:* Try to only call on a handful of volunteers, so that those who don't receive positive feedback don't feel left out!
- Wrap up by summarizing that when we receive and give positive feedback, we learn how to become
 better friends and better people! Challenge each student to think about a piece of positive feedback
 that they can give each student in their group and ask them to tell this person before the end of the
 school day!

Day 3, Slide 23

 Wrap up by clicking to display the verses of the Wings Words to Live By on which students have focused over the past several sessions. Encourage the class to join you as you read them aloud:

I understand others are unique.
I want to learn more about everyone I meet.
I want to step into their shoes
and see what they are going through.

I am a friend. I support and trust. Working together is a must. Kind and caring I will be. I listen to you. You listen to me.

• Conclude by reminding students to keep these verses in mind every day as they work, play, and spend time with others!









EXTENSION Ideas

- Students can regularly revisit their SHOES goal statement, consider if it has been achieved, and brainstorm steps that could be taken to help them achieve it.
- Students can continue to apply their understanding of empathy by creating a graphic short story that retells a popular story from another character's perspective—being sure to include their opinions, feelings, and thoughts.
 - A wonderful option for read-aloud is <u>The True Story of the Three Little Pigs by Jon Scieszka</u> which tells the traditional fairy tale of three little pigs from the wolf's perspective.
- Students can work as a whole class to design and create a classroom bulletin board that demonstrates their unique qualities and reminds them how to listen to each other and work together as a team.

K-2 National Curriculum Standards

National Health Standards

- 4.2.2 Demonstrate listening skills to enhance health.
- 6.2.1 Identify a short-term personal health goal and take action toward achieving the goal

Common Core English Language Arts Standards:

Writing:

• CCSS.ELA-LITERACY.W.1.8 With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

Speaking and Listening:

- CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.
- CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.
- CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.

Reading:

- CCSS.ELA-LITERACY.RL.1.1 Ask and answer questions about key details in a text.
- CCSS.ELA-LITERACY.RL.1.3 Describe characters, settings, and major events in a story, using key details.
- CCSS.ELA-LITERACY.RL.1.9 Compare and contrast the adventures and experiences of characters in stories.

National Core Arts Anchor Standards

Creating:

• Anchor Standard #1. Generate and conceptualize artistic ideas and work.

Connecting:

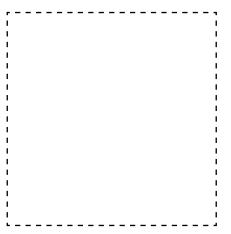
• Anchor Standard #10. Synthesize and relate knowledge and personal experiences to make art.



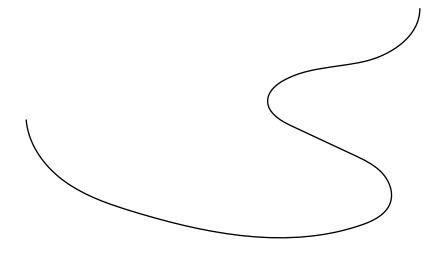




I am ME! **STUDENT HANDOUT 1**



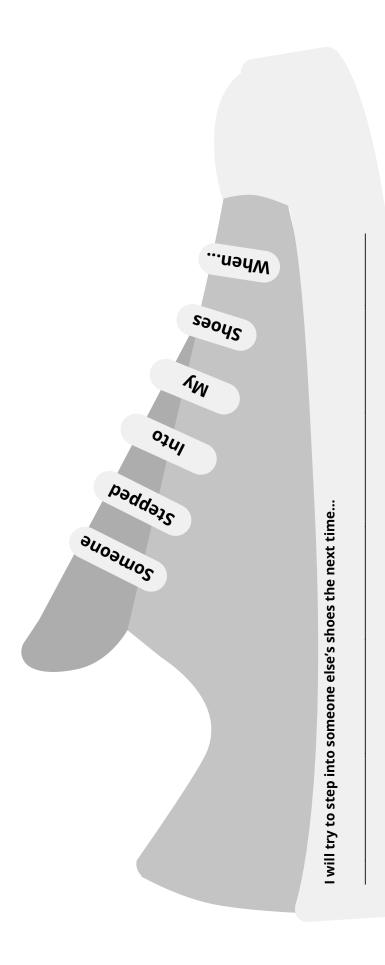






| l١ | | |
|----|-----|----|
| ı | l l | |
| П | l l | |
| Ш | l l | |
| Ш | | ١ |
| П | l l | 1 |
| П | l l | 1 |
| H | l l | 1 |
| Ш | | ı |
| П | | ı |
| П | | ı |
| Ш | | ı |
| Ш | | ١ |
| Ш | | ı |
| Ш | | |
| Ш | | ١ |
| Ш | | ı |
| Ш | | ١ |
| Ш | | ١ |
| Ш | | ı |
| Ш | | ı |
| Ш | | ı |
| Ш | | |
| Ш | | ı |
| Ш | | |
| П | l l | |
| П | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | I |
| П | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | 1 |
| П | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | 1 |
| Ш | | ı |
| Ш | | ı |
| Ш | | ı |
| Ш | | ı |
| Ш | | ı |
| Ш | | ı |
| Ш | l l | 1 |
| Ш | l l | 1 |
| Ш | l l | I |
| | | 1 |
| П | | -1 |
| | | ı |
| | l l | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |







Our Friends STUDENT HANDOUT 5

| Our Friends | |
|-------------|--|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| Our Friends | |



TEAM Work STUDENT HANDOUT 6

